



## After Visit Summary for the 15 Month Well Visit

Vaccine Needed	Vaccines given at the 15 month visit	Vaccines given at the 18 month visit
Varicella (Chicken pox)	1st of 2 total doses	
Hepatitis A	1st of 2 total doses	
Dtap		4th of 5 total doses
Influenza	Given every fall if not already received for the current influenza season	Given every fall if not already received for the current influenza season

Category of Milestones	Expected Milestones for 15 months	Future skills expected around 18 months
Social-Emotional	<ul style="list-style-type: none"> <li>- Copies other children while playing</li> <li>- Shows you an object she likes</li> <li>- Claps when excited</li> <li>- Shows you affection</li> </ul>	<ul style="list-style-type: none"> <li>- Moves away from you, but looks to make sure you are close by</li> <li>- Points to show you something interesting</li> <li>-Puts hands out for you to wash them</li> <li>- Looks at a few pages in a book with you</li> <li>-Helps you dress him by pushing arm through sleeve or lifting up foot</li> </ul>
Language and Communication	<ul style="list-style-type: none"> <li>- Tries to say 1 or 2 words besides mama or dada, like “ba” for ball or “da” for dog</li> <li>- Looks at a familiar object when you name it</li> <li>- Point to ask for something or to get help</li> </ul>	<ul style="list-style-type: none"> <li>- Tries to say <math>\geq 3</math> words besides mama or dada</li> <li>- Follows 1-step directions without any gestures, like giving you the toy when you say, “Give it to me.”</li> </ul>
Cognitive	<ul style="list-style-type: none"> <li>- Tries to use things the right way, like a phone, cup or book</li> <li>- Stacks at least 2 small objects, like blocks</li> </ul>	<ul style="list-style-type: none"> <li>- Copies you doing chores, like sweeping with a broom</li> <li>- Plays with toys in a simple way, like pushing a toy car</li> </ul>
Motor	<ul style="list-style-type: none"> <li>- Takes a few steps on her own</li> <li>- Uses fingers to feed herself some food</li> </ul>	<ul style="list-style-type: none"> <li>- Walks without holding onto anyone or anything</li> </ul>

		<ul style="list-style-type: none"> <li>-Scribbles</li> <li>-Drinks from a cup without a lid and may spill sometimes</li> <li>-Feeds herself with her fingers</li> <li>-Tries to use a spoon</li> <li>-Climbs on and off a couch or chair without help</li> </ul>
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<b>Safety Tips and Recommendations</b>	
Sleep Safety	<ul style="list-style-type: none"> <li>● Do not put the baby to bed with a bottle.</li> <li>● Brush teeth with a soft toothbrush and a “grain of rice” amount of toothpaste twice a day.</li> <li>● Pacifiers (even at night) should no longer be used at this age.</li> </ul>
Car and Outdoor Safety	<ul style="list-style-type: none"> <li>● Rear facing in back seat until at least 2 years of age</li> <li>● Choose sun protection clothes, hats and sunglasses when outside in direct sunlight. Apply sunscreen.</li> <li>● Stay within arms reach at all times when near water to prevent drowning.</li> </ul>
Food Safety	<ul style="list-style-type: none"> <li>● Encourage your child to start drinking from an open cup.</li> <li>● Offer 3 meals a day plus snacks. Eat with your baby.</li> <li>● Continue to avoid chokable foods such as nuts, whole grapes, popcorn and hot dogs.</li> <li>● Continue regularly eating highly allergic foods (peanut butter, eggs, dairy, fish), unless the child is allergic.</li> </ul>
Indoor Safety	<ul style="list-style-type: none"> <li>● Ensure your home is fully baby proofed. This includes baby gates at tops and bottoms of stairs.</li> <li>● Remove small toys, marbles, game pieces, loose change and other choking hazards from the baby’s reach.</li> <li>● Lower the water heater temperature in your home to 120°F or less, to prevent accidental burns.</li> <li>● Poison Control Number: 1-800-222-1222</li> </ul>
Positive Discipline	<ul style="list-style-type: none"> <li>● Praise good behaviors to reinforce the desired behavior.</li> <li>● Ignore unwanted behaviors, especially temper tantrums. Walk away or use a distraction technique by opening up a book and start reading out loud.</li> <li>● Save the word “NO” for dangerous situations when you need the child to stop immediately for their safety. Say “NO” strongly.</li> </ul>