



Information for 9 Month Well Visit

Vaccine Needed	Vaccines given at 9 month visit	Vaccines given at 12 month visit
MMR		1st of 2 total doses
Hib		4th of 4 total doses
Prevnar		4th of 4 total doses
Influenza (if in season)	Needs 2 total doses at least 1 month apart for first flu season	
Hepatitis B	3rd of 3 total doses	
IPV (polio)	3rd of 4 total doses	

Category of Milestones	Expected Milestones	Future skills
Social-Emotional	<ul style="list-style-type: none"> - Is shy, clingy or fearful around strangers - Shows several facial expressions, like happy, sad, angry and surprised - Looks when you call her name - Reacts when you leave (looks, reaches for you, or cries) -Smiles or laughs when you play peek-a-boo 	<ul style="list-style-type: none"> - Plays games with you, like pat-a-cake
Language and Communication	<ul style="list-style-type: none"> - Makes different sounds like “mamamama” and “babababa” - Lifts arms to be picked up 	<ul style="list-style-type: none"> - Waves “bye-bye” - Calls a parent “mama” or “dada” or another special name - Understands “no” (pauses briefly)
Cognitive	<ul style="list-style-type: none"> - Looks for objects when dropped out of sight (like her spoon or toy) - Bangs 2 things together 	<ul style="list-style-type: none"> - Puts something in a container - Looks for things she sees you hide, like a toy under a blanket
Motor	<ul style="list-style-type: none"> - Gets to a sitting position by herself - Sits without support - Uses fingers to “rake” food toward herself - Moves things from one hand to the other 	<ul style="list-style-type: none"> - Pulls up to stand - Walks, holding onto furniture - Drinks from an open cup as you hold it - Picks things up between thumb and pointer finger, like small bits of food

Safety Tips and Recommendations

Sleep Safety	<ul style="list-style-type: none">- Do not put the baby to bed with a bottle.- Wipe gums with a washcloth or brush the teeth before bed.
Car and Outdoor Safety	<ul style="list-style-type: none">- Rear facing in back seat until at least 2 years of age- Choose sun protection clothes, hats and sunglasses when outside in direct sunlight.- Apply sunscreen.
Food Safety	<ul style="list-style-type: none">- No honey until the baby is over 1 year old.- Begin offering liquids in a cup.- Offer 3 meals a day plus snacks. Eat with your baby.- Continue to avoid chokable foods such as nuts, whole grapes, popcorn and hot dogs.- Continue regularly eating highly allergic foods (peanut butter, eggs, dairy, fish), unless the child is allergic.- Avoid drinking hot liquids when holding a baby.
Indoor Safety	<ul style="list-style-type: none">- Fully baby proof the home. This includes baby gates at tops/bottoms of stairs.- Remove small toys, marbles, game pieces, and other choking hazards from reach.- Avoid walker toys. They make babies falsely mobile, allow the baby to reach higher surfaces and can cause injury with tipping accidents and falling down stairs.- Poison Control Number: 1-800-Poison-1