

Information for 6 Month Well Visit

Vaccine Needed	Vaccines given at 6 month visit	Vaccines given at 9 month visit
Rotavirus	3rd of 3 total doses	
Dtap	3rd of 5 total doses	
Hib	3rd of 4 total doses	
Prevnar	3rd of 4 total doses	
Influenza (if in season)	1st of 2 Influenza vaccines for season + 2nd dose in 1 month	2nd of 2 total doses if not already received
Hepatitis B		3rd of 3 total doses
IPV (polio)		3rd of 4 total doses

Developmental Milestones		
Category of Milestones	Expected Milestones at 6 months	Future skills to expect around 9 months
Social-Emotional	<ul style="list-style-type: none"> - Knows familiar people - Laughs - Likes to look at himself in the mirror 	<ul style="list-style-type: none"> - Shy, clingy, or fearful around strangers - Shows several facial expressions - Looks when you call his name
Language/Communication	<ul style="list-style-type: none"> - Takes turns making sounds with you - Blows “raspberries” (sticks tongue out and blows) - Makes squealing noises 	<ul style="list-style-type: none"> - Lifts arms to be picked up - Makes different sounds like “mamama”
Cognitive	<ul style="list-style-type: none"> - Reaches to grab a toy he wants - Closes lips to show she does not want more food 	<ul style="list-style-type: none"> - Looks for objects when dropped out of sight - Bangs 2 objects together
Motor	<ul style="list-style-type: none"> - Rolls from tummy to back - Pushes up with straight arms when on tummy - Leans on hands to support himself 	<ul style="list-style-type: none"> - Gets to a sitting position by himself - Sits without support - Uses fingers to “rake” food - Moves things from one hand to the other

Safety Tips and Recommendations for a 6 month old

Sleep Safety	<ul style="list-style-type: none">- Put him to sleep on back, if he rolls onto his stomach by himself then he can stay there.- Put the baby down awake so the baby learns how to put himself to sleep.- It is safe for babies to cry and fuss for 15-20 minutes as they put themselves down to sleep.
Car and Outdoor Safety	<ul style="list-style-type: none">- Rear facing in back seat until at least 2 years of age- Choose sun protection clothes, hats and sunglasses when outside in direct sunlight. Apply sunscreen.
Food Safety	<ul style="list-style-type: none">- No honey until the baby is over 1 year old.- Continue to introduce new foods, thicker textures and small pieces of very soft food as tolerated.- Consider early introduction of highly allergic foods (peanut butter, eggs, milk products).- Do not put the baby to bed with a bottle. Wipe gums with washcloth or brush teeth before bed.- Avoid drinking hot liquids when holding a baby.
Indoor Safety	<ul style="list-style-type: none">- Ensure your home is fully baby proofed.- Never leave the baby unattended on a raised surface (such as bed, sofa or changing table) due to fall risk.- Remove small toys, marbles, game pieces, loose change and other choking hazards from the baby's reach.- Lower the water heater temperature in the home to 120°F or less, to prevent accidental burns.- Avoid walker toys. They make babies falsely mobile, allow the baby to reach higher surfaces and can cause injury with tipping accidents and falling down stairs.