

Resources for Parents of Children with ADHD

There are many online resources and books addressing the topic of child and adolescent ADHD. The ones listed below are just a sample of some of the most useful (and accurate) sites and books.

Useful Websites/Books

1. CHADD (Children and Adults with ADHD)

www.chadd.org
2. American Academy of Child and Adolescent Psychiatry-ADHD Resources

http://www.aacap.org/AACAP/Families_and_Youth/Resource_Centers/ADHD_Resource_Center/Home.aspx
3. Learning Disabilities Association of America

<http://ldaamerica.org/parents/>
4. Russell Barkley's website contains significant information and resources on ADHD (www.russellbarkley.org)

Fact sheet: <http://www.russellbarkley.org/factsheets/adhd-facts.pdf> (This fact sheet includes excellent book recommendations at the end of it as well.)
5. National Institute of Health-ADHD

<http://www.nlm.nih.gov/health/publications/attention-deficit-hyperactivity-disorder/index.shtml?rf=71264>
6. Barkley, R. (2013). *Taking charge of ADHD: The complete authoritative guide for parents*. Guilford: NY.
7. Zeigler Dendy, C. (2006). *Teenagers with ADD and ADHD: A guide for parents and professionals*. Woodbine House: USA.
8. Nadeau, K. & Dixon, E. (2004). *Learning to slow down and pay attention: A book for kids about ADHD*. Magination Press: Washington, DC.