

# Ibuprofen dosage chart



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## Recommended Dosages

**Note:** The proper dosage for your child is based on weight, not age. If you don't know how much your child weighs, and he's too young to stand on a scale himself, weigh yourself while holding him, and then weigh yourself alone. Subtract your weight from the combined weight to get his current weight.

<b>Your child's weight:</b> 12 to 17 lbs <b>Dose:</b> 50 mg <b>Infant drops:</b> 1 dropper OR 2/3 syringe (1.25 ml) <b>Children's liquid:</b> ½ tsp	<b>Your child's weight:</b> 18 to 23 lbs <b>Dose:</b> 75 mg <b>Infant drops:</b> 1½ droppers OR 1 syringe (1.875 ml) <b>Children's liquid:</b> ¾ tsp	<b>Your child's weight:</b> 24 to 35 lbs <b>Dose:</b> 100 mg <b>Infant drops:</b> 2 droppers OR 1 1/3 syringe (2.5 ml) <b>Children's liquid:</b> 1 tsp
<b>Your child's weight:</b> 36 to 47 lbs <b>Dose:</b> 150 mg <b>Infant drops:</b> 3 droppers OR 2 syringes (3.75 ml) <b>Children's liquid:</b> 1 ½ tsp <b>Children's chews:</b> 3 chews	<b>Your child's weight:</b> 48 to 59 lbs <b>Dose:</b> 200 mg <b>Infant drops:</b> 4 droppers OR 2 2/3 syringe (5.0 ml) <b>Children's liquid:</b> 2 tsp <b>Children's chews:</b> 4 <b>Junior-strength chews or caplets:</b> 2	<b>Your child's weight:</b> 60 to 71 lbs <b>Dose:</b> 250 mg <b>Children's liquid:</b> 2 ½ tsp <b>Children's chews:</b> 5 <b>Jr. strength chews or caplets:</b> 2 ½ <b>Adult regular-strength tabs:</b> 1
<b>Your child's weight:</b> 72 to 95 lbs <b>Dose:</b> 300 mg <b>Children's liquid:</b> 3 tsp <b>Children's chews:</b> 6 <b>Junior-strength chews or caplets:</b> 3 <b>Adult regular-strength tabs:</b> 1 to 1 ½	<b>Your child's weight:</b> 96+ lbs <b>Dose:</b> 400 mg <b>Children's liquid:</b> 4 tsp <b>Children's chews:</b> 8 <b>Junior-strength chews or caplets:</b> 4 <b>Adult regular-strength tabs:</b> 2	

## Active Ingredients

**Infant drops:** 50 mg (1.25 ml) per dropper / 1.875 ml (50 mg) per syringe (shake well before using)

Note: The drops come with either a dropper or a syringe, depending on the brand.

**Children's liquid:** 100 mg (5 ml) per teaspoon (shake well before using)

**Children's chewables:** 50 mg each

**Junior-strength chewables or caplets:** 100 mg each

**Adult regular-strength tablets:** 200 mg each

## 5 Safety Tips for Ibuprofen

1. Don't give it to a baby under 6 months without a doctor's approval.
2. Always use the measuring device that comes with the medicine – not a spoon from the kitchen.
3. Never give to a child who's taking other medicines unless directed by a doctor. The other medicine may also contain ibuprofen, creating a dangerous overdose.
4. Don't confuse infant drops with children's liquid. Infant drops are much more concentrated. Hint: Drops come with a dropper; children's liquid doesn't.
5. You can repeat the dose every six to eight hours. Don't exceed four doses in 24 hours.