

DSM-5 DIAGNOSTIC CRITERIA FOR ADHD

(Source: American Psychiatric Association (2013). *Diagnostic and statistical manual of mental disorders (DSM-5)*, Washington, D.C.: American Psychiatric Association)

Must meet criteria for Inattention, Hyperactivity/Impulsivity, or Both

1. Inattention

17 and younger: Six or more of these symptoms must be present for at least 6 months, be inconsistent with the child's developmental level, and have a negative effect on their social and academic activities. To be endorsed, the following must occur "often":

- a. Fails to pay close attention to details
- b. Has trouble sustaining attention
- c. Doesn't seem to listen when spoken to directly
- d. Fails to follow through on instructions and fails to finish schoolwork or chores
- e. Has trouble getting organized
- f. Avoids or dislikes doing things that require sustained focus/thinking
- g. Loses things frequently
- h. Easily distracted by other things
- i. Forgets things

2. Hyperactivity and Impulsivity

Six or more of these symptoms must be present for at least 6 months, be inconsistent with the child's developmental level, and have a negative effect on their social and academic activities. To be endorsed, the following must occur "often":

- a. Fidgets with hands/feet or squirms in chair
- b. Frequently leaves chair when seating is expected
- c. Runs or climbs excessively
- d. Trouble playing/engaging in activities quietly
- e. Acts "on the go" and as if "driven by a motor"
- f. Talks excessively
- g. Blurts out answers before questions are completed
- h. Trouble waiting or taking turns
- i. Interrupts or intrudes on what others are doing

ADHD Predominantly Inattentive Presentation (ADHD-PI)

ADHD Predominantly Hyperactive-Impulsive Presentation (ADHD-PHI)

ADHD Combined Presentation (Inattentive & Hyperactive-Impulsive) (ADHD-C)

Specify if:

Mild: Six or only slightly more symptoms are endorsed and impairment in social or school functioning is minor

Moderate: Symptoms or impairment is between mild and severe

Severe: (Many symptoms are above required 6 are endorsed and/or symptoms are severe; impairment in social or school functioning is severe)